

# HOMEOPATHY

## What is homeopathy?

Homeopathy is a system of medicine in which the cure is similar to the illness, and the individual symptoms, that you experience. It is a form of holistic medicine in that the illness, like the cure, engenders healing of ones whole being, on the mental, emotional, and physical levels. Homeopathic remedies are all natural substances which are given in the smallest doses possible to produce the most rapid, gentle, and permanent restoration of health. Homeopathy is a complementary medicine in that homeopathic remedies can be taken in conjunction with allopathic medications and other forms of holistic, or conventional, treatment.

## How does it work?

When you are ill, and your body is challenged to heal, a homeopathic remedy stimulates your own healing potential. This ability is very great and many health concerns can heal themselves without assistance; when our vital energy is blocked, slowed, or otherwise suppressed however, the homeopathic remedy can act as a stimulus for our bodies own curative abilities.

## Can homeopathy help me?

Homeopathic medicines have a broad range of healing actions. Among the ailments which homeopathy can help: skin conditions such as eczema and psoriasis, respiratory complaints such as asthma and bronchitis, women's health, gastro-intestinal symptoms, the effects of injuries and traumas, and immune compromised conditions such as fibromyalgia, Epstein Barr, and chronic fatigue syndrome. As a holistic form of healing, homeopathic remedies address emotional and mental health issues as part of the cure.

Homeopathy is safe for children, and can be especially helpful in pregnancy and childbirth.

## Interested?

Please call for further information, or to schedule an initial consultation.